

An Enchanted Evening

Chant

Celebrate

Free



Saturday, September 11, 7-8:30 pm

Join “Sevara” for a an evening of chant where it all began – at **Guru Ram Das Ashram**. September is the 42nd anniversary of **Yogi Bhajan**'s arrival here in Toronto where he first began to teach **Kundalini Yoga**, the yoga of awareness.

Johannes Linstead, also known as “Sevara” is an award-winning musician whose recordings of Latin guitar and world music have charted in the Top Ten on Billboard in the US. He is a KRI certified Kundalini Yoga instructor, Reiki healer, Qi Gong practitioner, and certified Sensory Healer. He also writes and records under the name Sevara. Sevara is derived from Seva Singh and Ra – the Sun aspect. The name ‘Seva Singh’ literally means ‘Lion of Devotional Service’, and was bestowed upon Johannes by Kundalini Yoga master, Yogi Bhajan. Johannes' latest CD, *Mistico*, recently won two ZMR Music awards in the US: "Best World Album" and "Best Instrumental Album - Acoustic." He is currently in the studio finishing his first yoga album which will be released this summer.

www.torontokundaliniyoga.com

416.888.8535

www.johannesinstead.com